

## *Cryosphere workshop, Glacier National Park, 2008*

### ***Gear List***

Sturdy, broken-in, walking/hiking shoes

Sandals

Day pack

Water bottle(s)

Small personal First Aid-

Sunscreen/Aloe

Meds/med alert cards/bracelet

Aspirin/Ibuprofen

Band-aids

Bee sting (if allergic)

Bug spray

Hat

Sunglasses (spare)

Bandana

Long sleeve shirt(s)

Short sleeve shirt(s)

BYOHS (bring your own Hawaiian shirt(s))

Shorts

Long pants

Lots of socks

Bathing suit

Raincoat

Sweater

Windbreaker

Personal toiletries

Sleeping bag

Towel

Pillow?

Eyeglasses

Snorkeling/diving mask (for viewing aquatic insects)

Fly fishing gear (no fishing license required within GNP)

Camera/film/video

GPS

Flashlight

Photo ID

Health insurance card (suggested)/home emergency contacts

**\*\*Laptop (classroom work)\*\***